

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **Don't miss out!** Join the Aging and Disabilities Department and Public Health for an insightful webinar on **Monday, June 17th** at 11 AM PST, where you'll learn more about how the Los Angeles County is addressing Alzheimer's disease and related dementias. [Register Now.](#)
- **Reminder!** Public Health is hosting HBLA Coalition Meeting on **Tuesday, June 18th** at 10 AM PST.
- **New!** Alzheimer's Disease International is conducting a global survey on attitudes and beliefs about dementia. The survey will be included in their 2024 World Alzheimer's Report. The survey is open to the public and available in 30 languages. [Complete the survey.](#)



Upcoming Events

- May 29**
12 PM PST
Dementia Care Aware Webinar: Caring for Caregivers of Older Adults with Dementia. [Register Now.](#)
- Jun. 1 -**
6 AM - 2:30 PM PST
University of Minnesota Conference: Caring for People with Memory Loss Conference. [Register Now.](#)
- Jun. 17**
11 AM PST
LA Found Webinar: Public Health Presents on Alzheimer's & Brain Awareness. [Register Now.](#)
- Jun. 18**
10 AM PST
HBLA Coalition June 2024.
- Jun. 25**
11 AM PST
NADRC Webinar: Implementing the Virtual Dementia Tour in Tribal Communities. [Register Now.](#)

Funding Opportunities

ALZHEIMER'S ASSOCIATION'S CENTER FOR DEMENTIA RESPITE INNOVATION

Deadline: June 1, 2024

Alzheimer's Association will fund new respite care innovation projects across the country to enhance respite services for people living with dementia and their caregivers. Local public or private non-profit entities encouraged to apply (**hospitals, public/private government agencies, Indian tribal organizations, faith-based organizations, community-based organizations, institutions of higher education**).

In the Spotlight - Brain Health Academy 2024

Brain Health Academy by UsAgainstAlzheimer's offers free, evidence-based 1-hour courses to prepare health care, community, and wellness providers with the knowledge and resources to help people reduce their risk of developing Alzheimer's or related dementias and improve health outcomes.

Both live and recorded sessions are free of charge and includes Continuing Education (CE) credits. Courses topics include:

- Cognitive Training and Dementia
- Food and Dementia
- Social Isolation, Loneliness, and Dementia
- Brain Injury and Dementia
- Physical Activity and Dementia
- Risk Reduction and Dementia

For more information visit their website at:

<https://www.usagainstalzheimer.org/brain-health-academy-2024>

Share your organization's impactful efforts in supporting people living with Alzheimer's disease and related dementias, and their families. Send success stories, achievements, or highlight ongoing initiatives to Mariana Reyes (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



Featured Resources

- COMMUNITY RESOURCE**
Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.
- COMMUNITY RESOURCE**
California Department of Public Health's 'Take on Alzheimer's' Public Awareness Campaign.
- COMMUNITY RESOURCE**
Healthy Food, Healthy Brain Rack Card Series. Topics include but not limited to: Diet, Exercise, Hearing, Sleep.
- LEARNING MODULE**
Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.
- TOOLKIT**
BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems
- COMMUNITY RESOURCE**
BOLD Center on Dementia Caregiving - A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners.



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to Mariana Reyes (healthybrainla@ph.lacounty.gov).



@ChooseHealthLA #HealthyBrainLA



www.publichealth.lacounty.gov/healthybrainla



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